

CHECKLIST FOR MY MEDICAL TRIP TO BERLIN

Contacting the hospital / International Office

- Sent e-mail to briefly outline my medical issues
- Passed on the patient's surname, first name and date of birth
- Sent off detailed medical documentation
- Briefly outlined my questions/expectations

Upon receipt of an offer of treatment

- Offer properly understood
- Request for any necessary clarification sent to the hospital
- Questions about additional services (e.g. interpreting services during treatment)

Once I have decided to accept an offer of treatment

- Visited German Embassy website to check conditions for a medical visa*
- Have all paperwork necessary for visa application
 - e.g. proof of travel health insurance
 - e.g. (if necessary) proof of advance payment to hospital
 - e.g. proof of personal financial situation
 - e.g. letter of invitation from hospital
 - any additional documentation required
- Accompanying persons have also applied for a visa

* The requirements for a medical visa may differ at the respective German embassy/consulate depending on the applicant's country of origin. Please visit the website of your local embassy and obtain detailed information in advance about the documents that you will have to submit.

An overview of German embassies/ consulates can be found [here](#).

An overview of visa regulations can be found [here](#).

Before setting off

- Know whether I need a “fit for travel” document**
- Know when I will be fit for travel again and which check-ups will be needed to book return flight
- Accommodation arranged for myself and/or those accompanying me, e.g. close to the hospital
- Have found out about other activities in Berlin (sightseeing, wellness, shopping etc.)

Before being admitted to hospital

- Know where I have to present myself on day of admission
- Know whether I have to meet any particular hospital requirements (e.g. stopping taking certain medication prior to surgery, or arrive with empty stomach etc.)
- Have all necessary documentation on day of admission (passport, medical diagnoses, doctor’s letters, X-rays, allergy records etc.)
- Have all currently prescribed medication with me on day of admission
- Have personal toiletries, nightwear etc. with me on day of admission

After being discharged from hospital

- Have all documentation from hospital (doctor’s letter, diagnostic findings on CD etc.)
- Know whether I need to buy medication to take back to my home country with me and have the necessary prescription
- Know whether I need to undergo physiotherapy before leaving Berlin, and have the necessary referral
- Know whether I need any medical aids (crutches, wheelchair, orthopaedic shoes, surgical stockings etc.) and have the necessary prescription
- Have left my contact details with the hospital in Berlin

** You may need to complete the airline’s MEDIF (Medical Information Form) before flying if a) you need special medical assistance, or b) a doctor is required to approve the flight. Please check with your doctor and contact your airline.